

Allegany County Health Planning Coalition Local Health Action Plan FY 2017-20

Based on the results of a community health needs assessment, the Allegany County Health Planning Coalition (Coalition) created the following Local Health Action Plan (LHAP) to improve health and wellbeing in Allegany County. The Coalition is charged with implementing the LHAP, measuring progress, and building on best practices already in use in the community. The LHAP addresses four priority areas:

Substance Abuse Poverty Heart Disease Access to Care and Health Literacy

Each priority area includes goals, link to the State Health Improvement Process (SHIP) and/or PHIP, strategies, SMART objectives, responsible parties, timelines, current progress toward the SMART objective, and outcomes including baseline, target, and current status. The LHAP is a three-year plan and implementation is divided into six-month phases: Phase 1 is July-December 2017, Phase 2 is January-June 2018, Phase 3 is July-December 2018, Phase 4 is January-June 2019, Phase 5 is July-December 2019, Phase 6 is January-June 2020, and Ongoing indicates that implementation will occur over all six phases. The LHAP also includes supporting strategies which are underway in the community and may contribute to the achievement of LHAP goals and outcomes, but are not overseen by the Coalition. The LHAP works to build upon, and not duplicate, existing community health improvement efforts.

Substance Abuse

GOAL	SHIP/PHIP AREA	STRATEGY	SMART OBJECTIVE	FY19	OUTCOMES (included SHIP Measures)	BASELINE	TARGET	Last update	CURRENT STATUS (latest available)
Increase understanding of opioid use and related consequences	SHIP- Access to Health Care PHIP- Substance Use	Support multi-component community education about the impact of opioid use (such as impact on oral health and addictions)	Between July 1, 2017 and June 30, 2020, partners in the Coalition will reach 10,000 residents through community education regarding the impact of opioid use and available resources for prevention and treatment. FY18 - 7,621	6104	Decrease drug induced death rate per 100,000 population (SHIP 2015-17)	14.2	11.3	37.6	52.6
			Each year at least 70% of participating residents will show an increase in knowledge through a pre/post test. FY18-79%	100%-STEP Met objectives	Heroin related deaths (2018-BHA, MDH)	3	26	14	15
Increase early identification of pregnant women using substances	SHIP- Healthy Beginnings PHIP- Substance use	Expand use of evidence based 4Ps program in OB practices in county	By June 30, 2018, train staff and implement the use of 4Ps program in 80% or more of area's OB practices. MET By June 30, 2020, identify	623	Decrease infant mortality rate per 1,000 live births (SHIP,2017)	6.8	6.5	8.1	<5 too small to report

			100 at risk women through the 4P screening and provide a brief intervention. FY18 - 716	interventi on Met objectives	Decrease % of deliveries that are substance exposed newborns (WMHS,CY 2018	17%	10%		16.8%
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Note: Outcome Measure- Heroin related deaths – 2014 baseline and current is 2016, from BHA,DHMH report on Drug and Alcohol Related Deaths in Maryland. Target based on 25% reduction.

Poverty

GOAL	SHIP/PHIP AREA	STRATEGY	SMART OBJECTIVE	FY19	OUTCOMES (included SHIP Measures)	BASELINE	TARGET	Last update	CURRENT STATUS (latest available)
Increase collaboration to address the social determinants of health	SHIP- Healthy Communities PHIP-Chronic Disease Mgmt. & Prevention	Engage providers and institutions in assessing for and addressing social determinants of health (such as housing and income)	Between July 1, 2017 and June 30, 2020, collaborate with at least 10 practices to assess and address social determinants of health with their patients. FY18 - 6 Each year document new strategies or resources used to address identified social determinants.	11* Revise measure?	Decrease percent of children under age 18 living in households with incomes below the federal poverty level (CHR, 2019)	26%	20%	22%	23%
		Implement food interventions to address chronic disease, poverty and outlying geographic areas	Between July 1, 2017 and June 30, 2020, assist 500 residents overcome barriers to accessing healthy food on a budget or in food deserts. FY18 - 378 Each year create a list of food interventions implemented and barriers that were overcome.	571 Met objectives	Decrease the number of individuals known to be homeless, receiving homeless services, or at risk of being homeless (PIT, FY19)	492	290	304	145/55
					Decrease the percent of adults who	25%	10%	16%	19%

					report missing appointments due to problems finding transportation (local survey, JY19)				
					Improve Food Environment Index 1 to 10, 10 best (CHR, 2019)	6.4	8	7.1	7.3

Heart Disease

GOAL	SHIP /PHIP AREA	STRATEGY	SMART OBJECTIVE	FY19	OUTCOMES (included SHIP Measures)	BASELINE	TARGET	Last update	CURRENT STATUS (latest available)
Increase early identification and treatment of hypertension	SHIP-Quality Preventive Care PHIP-Chronic Disease Mgmt. & Prevention	Identify hypertensive individuals through non-traditional settings such as dentist, pharmacies, and worksites, and utilize consistent message regarding follow up actions	By June 30, 2020, have at least 30 non-traditional settings incorporate blood pressure screening with standard follow up actions recommended. FY18 - 26 By June 30, 2020, 300 individuals at risk for hypertension will be identified and given recommended follow up action. FY18 - 196	6 sites Met objective	Decrease age-adjusted death rate from heart disease per 100,000 population (SHIP, 2015-17)	256.8	236.8	246.7	230.6
				102 Just below objective target	Decrease rate of ED visits for hypertension per 100,000 population (SHIP, 2017)	225.1	214.4	279.1	453.3
Reduce obesity levels of elementary age children	SHIP-Quality Preventive Care PHIP-Chronic Disease Mgmt. & Prevention	Identify and implement strategies to support and supplement the school wellness policy aimed at	Between July 1, 2017 and June 30, 2020, implement at least 12 strategies to increase engagement of elementary students in healthy eating and physical activity. FY18 - 7	9 strategies Met objective 1978	Decrease percent of elementary children who	20%	13.6%	21.5%	21.2%

		elementary school	By June 30, 2020, engage 10,000 students in positive behavior changes related to healthy eating and physical activity. FY18 - 5768	In total, FSNE reached 1906 individual students this school year X 6 lessons = 11,436 total contacts. Unmet objective	are in the 95 th percentile or higher for body mass index (ACPS & ACHD, 2018-19)				
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Access to Care and Health Literacy

GOAL	SHIP /PHIP AREA	STRATEGY	SMART OBJECTIVE	FY19	OUTCOMES (included SHIP Measures)	BASELINE	TARGET	Last update	CURRENT STATUS (latest available)
Increase Access to Care	SHIP-Access to Health Care PHIP- Mental Health	Promote availability of health resources and how to access care (including provider access, support teams, insurance coverage and education)	Each year of the three year cycle, identify and promote at least 5 ways to improve access to care in the appropriate setting. FY18 - 5	2	Decrease ratio of people per PCP (CHR-2019)	1698:1	1200:1	1650:1	1900:1
				Unmet objective	Decrease ratio of people per MH (CHR-2019)	903:1	450:1	410:1	370:1
Enhance understanding of health information	SHIP-Access to Health Care PHIP- Mental Health	Improve health literacy for sepsis, oral health, child maltreatment/family violence and mental health	Between July 1, 2017 and June 30, 2020, provide education that is understandable on sepsis, oral health, child maltreatment/family violence and mental health. FY18 - 364	6 programs	Decrease ratio of people per dentist (CHR-2019)	1766:1	1473.1	1500:1	1400:1
				1523+ people	Decrease the number of level 1 and 2	15,501	6000	6476	7345

			Each year at least 70% of participants will show an increase in knowledge through a pre/post test.	and it had 100% increase Opportunity for improvement	visits to the ED (WMHS-Meditech FY19) Decrease ED visits for mental health related diagnosis per 100,000 population (SHIP-2017)	2320.6	3500	4722.9	3309.6
					Sepsis-number of inpatient discharges with primary diagnosis (WMHS, FY19)	1050	450	692	863
					Decrease number of domestic violence crimes per 100,000 population (SHIP,2017)	719.5	500	610	653.5
					Reduce Child Maltreatment rate (SHIP, 2017)	23.3	19	21.1	19.6

Supporting Strategies

Substance Abuse

AHEC West - STEP

WMHS- Provider Education

Poverty

Bridges to Opportunity

Allegany County Board on Homeless:

Heart Disease

AHEC West

ACHD Tobacco Control and Prevention

Access to Care and Health Literacy

Mountain Health Alliance- Allegany Health Right and AHEC

Mental Health First Aid