

Allegany County Health Planning Coalition

Meeting Summary

September 9, 2014

PRESENT

Sue Raver, MD – ACHD

Susan Walter - TSCHC

Sandi Rowland – AHR

Jenn Wilson – ACHD

Steven Kesner – Housing

Rhonda Alkire, Pressley Ridge

Fred Tola – ACHD

Jenelle Mayer – ACHD

Lesla Diehl – ACHD/MHSO

Stu Czapski – Allegany Chamber

Mary Beth Pirolozzi – CUW

Susan Stewart - WMAHEC

Nancy Forlifer - WMHS

Kathy Dudley - ACHD

Tracy Curry - UHC

Courtney Thomas - HRDC

Deanna Clark, guest – HRDC

I. WELCOME AND INTRODUCTION OF NEW MEMBERS

Dr. Raver welcomed everyone and requested that individuals introduce themselves.

II. ADOPT MINUTES OF July 8, 2014

Dr. Raver asked if there were any corrections or additions to the minutes for July. There were none.

Fred Tola made a motion to accept the minutes as submitted, Steve Kesner seconded the motion, and the motion passed.

III. PRESENTATION & DISCUSSION: Homeless Initiatives - Courtney Thomas and Deanna Clark

Courtney and Deanna provided an overview of how HRDC became involved in homeless services, what homelessness looks like in Allegany County at this point, what will be happening in the next couple months, what is going on at the state level in terms of homelessness, and how this group could help impact some of the programs locally.

- The Coalition group will participate in the Point-in-Time paper surveys scheduled for the week of January 26-30, 2015.
- The next engagement topic will be mental health and addictions as it was cited as the biggest issue currently related to homelessness.

IV. UPDATES & REPORTS

Healthy Allegany – Jenelle Mayer

- Healthy Allegany will end in September.
- Community health workers closed out or rolled over clients to the WMHS. New referrals should go to WMHS.
- Bill Lafferty, CHW worked on a project to improve the Health Literacy Policy.
- Food Security pilot at Vista Towers. Nancy explained the process.
- Introduction to Cultural Competency in August at WMHS was good and 42 folks attended.

Other Grants (CTG, CHRC, CMS...)

CTG Grant – Jenelle Mayer

- Will be hiring a part-time Coordinator.

CHRC Grants

Oral Health, Education, and Treatment for Disabled Adults in Allegany County – Sandi Rowland Spoke at the last meeting about dental services for disabled adults and that is going well. They are seeing a lot of people, getting a lot of referrals, and spending a lot of money.

HEZ – Not awarded.

PICH (Partnerships to Improve Community Health) - Jenelle Mayer

We applied in July for the federal grant and should hear by end of September if awarded. Pieces of CTG and HEZ that it covers:

- Smoke-free policies in outdoor areas and multi-unit housing
- Compliance checks for e-cigarette retailers
- Healthy foods delivery program
- Working with worksites on nutrition
- Making school physical activities available outside of school hours for community
- Funding to continue transportation services at HRDC.

SIM (State Innovation Model) – Nancy Forlifer reported that application was submitted in July.

Multi-Chronic Conditions Grant – Nancy Forlifer reported that we are still waiting to hear.

1422 Chronic Disease Grant – Dr. Raver

The State submitted a grant application that would include Allegany and Garrett Counties. Award announcement should be made in September.

Appalachian Mountain Innovative Readiness Training – Fred Tola

Fred reported on results of the Innovative Readiness Training by Department of Defense held in August 2014 at the Fairgrounds:

- Approximately 1,102 unduplicated patients / 15,929 services
- Veterinary: 1,203 rabies / 187 spay & neuter / 257 feline distemper
- Dental: Surgery - 326 patients / Hygiene - 191 patients
- Volunteers: 282 total / 3,264 hours
- Medical Supplies: antibiotics / over-the-counter analgesics / antihistamine / eye drops / blood pressure medications
- Vision: 593 pairs of eyeglasses

E-cigarette training – Stu Czapski

- Looking at early November likely at Allegany College of Maryland and will be sending out info.

Transportation Survey Results – Nancy Forlifer

Passed around a copy of results: 817 responses thanks to Tri-State, ACHD clinics, and the ED

- 3 years ago 25% couldn't get to appointments because of transportation /now is down to 23%.

ED Dental Data – Nancy Forlifer

Passed around copy of results: How many go to the ED for dental care?

- (FY10) 2085 vs 1786 (FY 14) - Unduplicated counts (FY10) 1475 vs 1144 (FY14)
- 2 areas of ICD-9 codes went up a little in FY14 (Diseases of hard tissues of teeth and Other diseases and conditions of the teeth and supporting structures).

Dr. Romaine is working with CRC to get data from around the state from all hospitals and WMHS is one of the few showing a decline because of all the community services. We are looking at how to make a case to show that with the reduction of people going to the ED and getting care, that it should be covered under Medical Assistance because it would save money in the long run.

Dr. Raver mentioned that she is scheduled on 9/12/14 to present information to the Statewide Dental Committee on Reducing ED Visits for Dental (reduction of 25% over 5 years and 12% in the last year alone). She commented that multiple efforts have brought about the results.

Best Practices

Items shown at the bottom of the Local Health Action Plan:

- **Early Childhood Project** – no update.
- **Mental Health First Aid (MHFA)** – Lesa Diehl
 - Trained first class of law enforcement officers in August.
 - Picked other dates for remainder of the year through May.
 - Our goal is to train all law enforcement officers in the county.
 - Will schedule a Youth Mental Health Training and other trainings (thanked Nancy for handling registrations for us.)
 - People that we have trained are also doing classes.
 - MHFA will be offered as part of the Special Ed around the World.
- **School-Based Violence Prevention** – Dr. Raver
 - Adding counseling time in the schools.
 - Teachers can call and ask how to manage issues in classroom.
 - General education by Dr. Burke for counselors and teachers.
 - Time to see kids with insurance, not just uninsured.
 - Some schools working well and others slow start.
 - It was implemented gradually last year. This is the first full year.
 - Lesa added that there is a small grant through LMB designed to address bullying and school violence not just in school but also in community.
- **Prescription Education** – Nancy Forlifer and Dr. Raver
 - Getting fliers out about Narcan and making referrals to 2-1-1.
 - Training is going well and grants have been submitted for next year.
 - Plan is to train all law enforcement in the county by the end of the year.
- **Center for Clinical Resources** – Nancy Forlifer
 - Lots of people coming and visiting.
 - Adding asthma (kids of all ages).
 - Lesa mentioned setting up a meeting to discuss urgent care slot referrals.
 - CCR is sharing Mental Health Resources list.

V. LHAP Components

Community Grant - Recommendation for Focus – Nancy Forlifer

Asked group to be thinking about specific ideas for social connectedness mini-grants and what we would like to accomplish so we can decide at next meeting. Previously healthy lifestyle was the focus but she suggested things like bullying, mentoring, helping people get ahead, etc. that could tie in with the initiatives we are doing.

Chronic Disease Self-Management Program – Nancy Forlifer and Courtney Thomas

- Sarah Bush, Master Trainer for Stanford Program (evidence-based program) – Training lay trainers to do training for folks that have chronic disease. See requirements on back of flier circulated. If interested in being trained, let Nancy or Courtney know or call Sarah directly.
- Training has been done in the senior centers for the last 2 years.

- Even training inmates at NCI to be lay leaders and getting good feedback.
- Suggested that it is possible to observe a class if interested.
- Susan Stewart requested that the information be sent electronically.

Capacity Building with Behavioral Health – Lesa Diehl

- Partnered with Behavioral Health Leadership Institute (BHLI) and DHMH to survey all the behavioral health providers in community and has results from the survey.
- Working with BHLI to schedule the first series of trainings around accreditation.
- The draft regulations came out yesterday for new behavioral health system for Medical Assistance and the uninsured which says that providers should be accredited.
- First training will deal with technical assistance and what providers' specific needs are in the credentialing process.

Is it Safe to Wait? – Nancy Forlifer

- Information on when to go to ED, Urgent Care, or Primary Care.
- Planning to have a draft for the November meeting.

VI. ANNOUNCEMENTS - Dr. Raver asked if anyone had information to share:

- Tana Wolfe – Announced that Nesreen Khashan, U.S. Census Bureau for the Philadelphia Region will present information and demonstrations on how to access the latest data available in Census.gov for Allegany County on November 13 at 1:30 p.m. in the Administration Conference Room of the Allegany County Health Department. Email notices will be sent and rsvp requested.
- Dr. Raver – Announced there is a Drug Council Meeting on October 29, 2014, 5-7:30 p.m. in the Community Room (ACHD). This meeting is to involve the courts, law enforcement, and provider and referral communities to discuss how to work together to get folks with addiction problems into care. Invitations will be sent.
- Sandi Rowland – New part time Director of Community Trust Foundation (CTF) and part time as Director of Allegany Health Right. CTF gives out local grants to Allegany, Mineral, and Garrett Counties in a number of sectors including health care education, youth, and environment. Office is located at Susquehanna Bank 2nd floor; phone is 301-876-9172; email is srowland@ctfinc.org; check out website. Next cycle for submissions will be February 28.
- Fred Tola – Announced that September is Emergency Preparedness Month. Focus is that community knows to have an emergency plan for all hazards. He will send information to share.
- Steve Kesner – Alerted the group that there is a bed bug issue in community and reported on extermination efforts in one of the housing units.

NEXT MEETING

The next meeting is scheduled for Tuesday, November 18, 2014 at 1:30 p.m. in the Administration Conference Room, ACHD.

Meeting adjourned at 3:25 p.m.

Submitted by:

Tana Wolfe, Allegany County Health Department