



FY 2013 SHIP Local Health Improvement Coalition (LHIC) Progress Report Form

Website <http://dhmh.maryland.gov/SHIP/>

LHIC Name Allegany County Health Planning Coalition

Reporting Period: Quarter 1 (7/1/12 - 9/30/12) Quarter 2 (10/1/12 - 12/31/12)
 Quarter 3 (1/1/13 - 3/31/13) Quarter 1 (4/1/13 - 6/30/13)

1. Goal 1: Lead the ongoing operations of a diverse and action-oriented LHIC

LHIC or Subgroup Meeting LHIC –Allegany County Health Planning Coalition

Meeting date: Oct. 16 2nd Tuesday of the Month, every other month (x2 in this Qtr)

Participants: 11 #Sectors: 9

List Sectors Represented:

- Public Health/Government Hospital Community Hlth Providers Behavioral Health
- Schools (K-12) Higher Education Business Philanthropy Community
- Social Services Aging Services Others (please list) FQHC, AHEC

LHIC or Subgroup Meeting Access to Care

Meeting date: Nov. 8 Every other month (x1 in Qtr) # Participants: 15 #Sectors: 6

List Sectors Represented:

- Public Health/Government Hospital Community Hlth Providers Behavioral Health
- Schools (K-12) Higher Education Business Philanthropy Community
- Social Services Aging Services Others (please list) FQHC, AHEC

LHIC or Subgroup Meeting Mountain Health Alliance

Meeting date: Nov 14, Dec 19 Every month (x3 in Qtr) # Participants: 13 #Sectors: 7

List Sectors Represented:

- Public Health/Government Hospital Community Hlth Providers Behavioral Health
- Schools (K-12) Higher Education Business Philanthropy Community
- Social Services Aging Services Others (please list) FQHC, AHEC

LHIC or Subgroup Meeting Local Drug and Alcohol Abuse Council

Meeting date: Nov. 2, 2012 Every other month (1 Meeting) # Participants: 14 #Sectors: 8

List Sectors Represented:

- X Public Health/Government Hospital X Community Hlth Providers X Behavioral Health
- X Schools (K-12) X Higher Education Business Philanthropy X Community



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X Social Services Aging Services X Others (please list) Dept. of Juvenile Svc; State's Attorney, District Public Defender, Radio, Credit Union, African-American Service Club

LHIC or Subgroup Meeting Tobacco Free Health Coalition

Meeting date: Oct. 9, 2012 Quarterly (1 meeting) # Participants: 7 #Sectors: 11

List Sectors Represented:

X Public Health/Government X Hospital X Community Hlth Providers X Behavioral Health
X Schools (K-12) X Higher Education X Business X Philanthropy X Community
X Social Services Aging Services X Others (please list) Afro-American Service Clubs, MD DNR, HMO, LE,

LHIC or Subgroup Meeting Mental Health Advisory

Meeting date: Every other month (1 meeting) # Participants: 16 #Sectors: 8

List Sectors Represented:

X Public Health/Government X Hospital X Community Hlth Providers X Behavioral Health
 Schools (K-12) Higher Education Business X Philanthropy X Community
X Social Services Aging Services X Others (please list): Corrections Institute, LE, DSS, Consumers & County Commission

LHIC or Subgroup Meeting Making Health Choices Easy

Meeting date: Oct 11, Nov 15, Dec 6 Monthly (3 meetings in this Quarter) # Participants: 10

#Sectors: 8 List Sectors Represented:

Public Health/Government Hospital Community Hlth Providers Behavioral Health
 Schools (K-12) Higher Education Business Philanthropy Community
 Social Services Aging Services Others (please list) UMD Extension Office, MCO

LHIC or Subgroup Meeting HEZ Meetings Oct 5, 11, 26 (2) and 31.

Meeting date: 3 meetings # Participants: 20 #Sectors: 10

List Sectors Represented:

X Public Health/Government X Hospital X Community Hlth Providers X Behavioral Health



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- Schools (K-12)
 Higher Education
 Business
 Philanthropy
 Community
 Social Services
 Aging Services
 Others (please list) FQHC, City Administrator,

2. Goal 2: Take action on coalition priorities (Note: LHIP is tracked using Implementation actions denoted by performance measures. Progress is measured using 1 to 5 bars. The Implementation Period is divided into phases consisting of 6 months for each phase in a calendar year. Evaluation is done at the end of each phase. Progress on the objective is evaluated at the end of one year.

	Brief description from action plan	Local 2012 Baseline	Year 1 Target/ Goal (Phases 2: Jul to Dec 2012)	Status: # Bars 1-No Progress; 2-Poor; 3-Fair; 4-good; 5-excellent
Priority 1:	Reduce Tobacco Use	Adults – 23.8% Child – 27.5% Preg. Women – 41.3%	6 activities in Phase 2	3 Activities: 3 bars; 3 Activities: 4 bars
Priority 2:	Obesity	Adults at healthy weight – 28.4% Elementary age children in 95 th percentile – 20%	6 activities in Phase 2	4 Activities: 3 bars 2 Activities: 4 bars
Priority 3:	Access	84.1% Persons with health insurance; 25 % Individuals miss medical appoints from lack of transportation	6 Activities In Phase 2	1Activity: 2 bars 2 Activities:3 bars 3 Activities: 4 bars
Priority 4:	Emotional & Mental Health	1,997 per 100,00 Rate of ED visits for MH; 4.2 Poor Mental Health Days reported	5 Activities in Phase 2	3 Activities: 3 bars 2 Activities: 4 bars
Priority 5:	Substance Abuse	29 Drug-Induced Deaths per 100,000; 13.1 % Alcohol-related crashes	7 Activities	1 Activity: 2 bars 1 Activity: 3 bars 5 Activities: 4 bars
Priority 6:	Screening	246 per 100,000 ED Visits for HBP 457 per 100,000 ED visits for diabetes	5 Activities	1 Activity: 1 bar 1 Activity: 2 bars 1 Activity: 3 bars 2 Activities: 4 bars
Priority 7:	Heart Disease & Stroke	257 per 100,000 age-adjusted deaths from heart disease	3 Activities	1 Activity: 2bars 2 Activities: 3 bars
Priority 8:	Health Literacy	None available	2 Activities	1 Activity: 1 bar 1 Activity: 3 bars
Priority 9:	Healthy Start	8.4 Infant deaths per 1000 births	1 Activity	1 Activity: 3 bars



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Priority 10:	Dental	See Access Goals & Objectives		
Priority 11:	Cancer	190 age-adjusted deaths per 100,000 from malignant neoplasms	1 Activity	Activity:3 bars
Priority 12:	Immunizations	35.% adults with flu shot	1 Activity	1 Activity: 4 bars
Priority 13:	Chronic Respiratory Disease	79 per 10,000 ED Visits for Asthma	2 Activities	2 Activities: 3 bars

NOTE: may add additional priorities below if applicable

3. Goal 3: Track progress of coalition actions and goals to continuously improve strategies and measures.

Coalition/ subgroup(s) have reviewed County Health Profiles and local Community Health Needs Assessment data during this quarter: Yes No

Comments: The Coalition conducts two levels of reviews:

1. It reviews progress on the LHIP Implementation activities at the end of each Phase. Phase One started Jan 2012 and ended June 2012; the second Phase began in July and will end Dec 2012. On Jan 15, 2013 the Coalition completed its assessment of implementation progress by evaluating the performance measures associated with each activity and ranked their progress from 1 to 5 using bars to depict progress: Bar one indicates no or minimum progress and 5 indicates excellent progress.
2. At the end of each year (Phase 2 and Phase 4) the Coalition evaluates progress on the objectives from each priority area. There are 13 priorities. The Coalition initiated its review of the objectives on Jan 15, 2013 and it will conclude its assessment of progress at its subsequent meeting, tentatively scheduled for March 12, 2013. The Coalition relied on the updated information from the SHIP and other data bases that formed the county baseline. Progress on each objective is measured by noting the difference between the county goal and updated county data and determining whether the data shows movement toward the goal, no change or worsening.

Coalition/ subgroup(s) have reviewed progress toward related Healthy People 2020 objectives during this quarter: Yes No

Comments: While the objectives from Healthy People 2020 are relevant, the Coalition focuses primarily on the MD Health Improvement Plan and County Profiles



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Coalition/ subgroup(s) have used Quality Improvement (QI) techniques related to LHIC action during this quarter: X Yes No

Comments: While it does not have an official QI Program, the Coalition relies on certain techniques of QI. It relies on collecting information on performance measures for every implementation activity which serve as indicators for progress. This information helps not only to determine any progress made but also in evaluating whether the interventions have been effective. Feedback is provided at the end of each Phase and at the end of each full year. A subgroup of the Coalition has been tasked with the review of the measures and associated actions to see if changes are needed. Their recommendations will be presented at the next meeting.

Challenges related to LHIC action during this quarter:

The major challenge that faced the Coalition this quarter was to develop a basic methodology for demonstrating progress toward the 2014 goals. Rather than calculating the variance between the county goal and county update in order to determine a color on the dial, it was decided we would use arrows to depict progress. Changes in SHIP and some reformulation of the state's baseline data, created challenges and lead us to recalculate our county baseline to remain in sync with the state information.

Opportunities related to LHIC action during this quarter:

The greatest opportunity realized during this second quarter has been to apply for the HEZ grant as an implementation venue for some activities from the Coalition's LHAP. If funded, the HEZ project will become a vital part of the Coalition and increase the close collaboration and synergy.